

Asociace terapeutů
a detoxikačních
poradců

KINOSVĚT

With Dr Josef Jonas: About the Health

Episode 10:

ECZEMA

Today's topic is eczema, a very common disease which affects not only children but also adults more and more frequently. There are several types of eczema, and the one we are most interested in is so-called atopic eczema. We can also mention contact eczema, which means that the skin reacts to contact with certain substances, e.g. with nickel or other toxic metals. There is also a special type of eczema which is called neurodermatitis. An important role in it is played by the nervous system; the system of so-called nerve endings in the skin.

The most common is atopic eczema. Atopia is a special type of immune reaction. People often confuse atopia with allergy, but it is not allergy. It is an immune reaction by the skin, and it is actually inflammation of the skin. There is also a big difference in whether we say allergy or atopia, because both disorders are controlled from various places in the central nervous system (CNS). That means that the two disorders do not even have a single cause. Detoxification can relatively easily eliminate ordinary, uncomplicated types of eczema. But we will talk more about that later.

Many of you may be surprised that I am constantly talking about the same supplements. It may give some of you the impression that the supplements are always the same. From the medicine we are accustomed having a drug with a different name, a different chemical substance for every disease. However, our case involves so-called holistic medicine. That means that holistic medicine looks for a single, holistic cause for all types of diseases. It probably sounds very strange to the audience, but that's the way it is, and we can get very close to this ideal. If you carefully observe the individual supplements I am talking about, you will discover that they are not quite the same. A certain basis is the same, but after that the various preparations always differ, from case to case. Why is the basis the same? Because in our opinion all health problems are caused by toxins, whether of psychological or physical origin. And the largest source of toxins is our own organism. That is why I talk so often about the intestine, and about the so-called biogenic salts which are created in our organisms. The next enormous source of these toxins is in the world of microorganisms, and only then do we come to the other, external toxins which we ingest in food and drink. They are only a minor part of this issue.

That is why we must always eliminate the common source of these toxins, and so we often turn to the intestine and to organic salts; only then do we look for something specific for a certain type of disease. Of course, I am naming certain supplements here and I am claiming that the causes of diseases may be hidden in such and such part of the brain, or in another part of the body. But how is it possible that I can claim this and I have not made it up? You see, I work with an instrument which can be described as the instrument of truth. It was invented around 60 years ago by a German, Dr. Voll, who constructed it for slightly different purposes, but that is another chapter. We also use a computer – a notebook – which, combined with this instrument, allows us to roam the organism as needed.

And this instrument, if truth to be told, is actually dangerous. After all, there are lots of different recommendations on how to get rid of various health problems. I have to say that, over my forty years of professional work in natural medicine, I have tried practically all of them. Someone might say to you “This herb will help you, I will tidy up your chakras here, or I will change something here for you.” But then you take this instrument and have a look, and discover that nothing has changed in the organism at all. And if nothing has changed, then the given problem cannot disappear. And that is why we look for agents, processes and information which enable us to actually change something in the organism.

And what do we need to change in the case of atopic eczema? To everyone's surprise, I arrive at the intestine once again. The intestine really plays a large part in atopic eczema, because the intestinal environment and microflora is truly the most important thing for our skin. Even traditional Chinese medicine has connected the skin with the intestine and the lungs, for several thousands of years. And I have to say that I completely agree with it. That means that, in the case of eczema, the first thing is and always will be treatment of the intestinal environment. For this, as I have already said several times, we will use the **Activ-Col** supplement. In the case of children, in particular, detoxification takes place through the skin more than through other organs. An adult rids themselves of toxins through the kidneys or the liver, and by breathing, sweat and of course also the skin, but a child's skin is an exceptionally perceptive and sensitive organ, which is their main form of detoxification. And that is why toxins which leave the intestine are also excreted into the skin, and change its properties.

The second essential preparation is, once again, our old favourite **Activ-Acid** (or alternatively Biosalz), or biogenic salts. And why these salts? Maybe we do not even need them. Back then, when we still did not know this supplement, we managed to deal with eczema anyway. But the elimination of these salts will really enable us, one hundred percent, to get to the disrupted structures. After all, if some salty crust or cover remains there, then neither medicines, our preparations nor other natural supplements will reach these structures. That means that, in this case, the Biosalz drops may be secondary, and probably do not have any great effect on the skin by itself, but it eliminates those very layers of biogenic salts which prevent us from reaching the active places which are disrupted. And of course, just like in the other cases, we have to get into the brain.

The brain decides what the rest of the organism does, and that is why I believe that at some stage hospitals will cease to exist and instead of them there will be some kind of helmets, possibly similar to the helmets in a hairdresser's, which will regulate the brain's operation and treat all kinds of possible and impossible diseases through it.

In this case, we must modify the structure which – just out of interest – is located in the brain, in the *lobus insulae* area, i.e. in a kind of island which decides about atopic reactions. That

means that the toxins which change the immune reaction in the skin and create atopia are right there, so we have to eliminate the toxins from this location. The most common toxins are hidden infections, and that is why we have the **Cranium** drops. But, in a smaller number of cases, toxic metals may also come into consideration, so we use the **Antimetal** drops. In rarer cases, other toxins may also be found. However, we will stay with the most common ones, which means that we will employ the Cranium drops.

At some time in the future we will discuss the metabolism and disorders in the processing of various foodstuffs, and then we will encounter another supplements which may also come into consideration here, but I will not mention them now.

Thus, we change the immune reaction in relation to the skin, i.e. atopic to normal. After that, we will of course deal with the skin itself, because hidden infections are formed in the skin, various toxins lodge in it, and the skin loses its immune properties. Of course, we do not have to use this entire process only in the case of atopic eczema. Other problems also exist. I was recently visited by a mother whose child had dozens and dozens of mollusca. These are small formations created by viral activity in the skin. The virus will not get into healthy skin. Let us take warts, for example – it is the same case. In short, we will improve the skin's immune response using the **CutiDren** drops.

That means that we have already used **Activ-Col** and **Activ-Acid**. We are talking about small children who cannot swallow such large capsules, so we have designed preparations for them which they can rub on their skin. Not on the eczema itself, but anywhere on the skin; ideally on the tummy or on the inside of the forearm. The appropriate information is absorbed, and has completely the same effect as if the preparation was swallowed. In this case, the **Embrion** will be used instead of Activ-Col, and the **Biosalz** will replace Activ-Acid. Then we will use **Cranium** for the brain, and **CutiDren** for the skin. Lastly, I would once again like to include our old favourite **RespiDren**, which works on eliminating toxins from the lungs and the appropriate airways.

I refer once again to what I said earlier about the effect of histamine, as in this very disease – atopia – histamine plays an important role. After all, eczema sufferers themselves know that when they take antihistamine their skin will stop itching, which is one of eczema's unpleasant accompanying symptoms. But histamine simultaneously causes the symptoms of inflammation in the skin, and eczema is an example of such inflammation. And, among others, the lungs belong to the *lungs – intestine – skin* circuit we are monitoring.

Thus, I regard these supplements as the basic detoxification agents for the disease we call atopic eczema. Of course, it is completely fine if the affected individual finds relief in some ointments, creams or baths. Obviously it also takes some time for the skin to completely repair itself and function normally. We certainly do not belong among those who forbid you to look for or use anything else; everything is allowed. However, the approach that I explained here has been tested many times; many hundreds, even thousands of times.

Source: www.youtube.com/watch?v=2XBbPLtBBuM

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